

QUEBEC OPEN 2011

SCHEDULE FRIDAY AND SATURDAY

Friday 15.30 = Form and weapon, extreme and musical Jr. and adult BB

Friday 16h00 = form and weapons musical under belt jr et adult

Jr fighting will follow as soon as the form and weapon musical are finish

Friday 17.00 = Self defence

Team demo and synchrony will follow as soon the form and weapon musical are finish

Friday 18.00 = Continuous fighting

Friday 20.00 = Team BB fighting men and women

Saturday 9.00 = Starting time - weapon form – form – fighting - Grappling

Saturday 19hrs = Night Time Show